



## COMMUNITY SUPPORT FOLLOWING BEREAVEMENT

Below are some resources which may be helpful;

### Phone numbers:

**Dr. David Owens**

Tel: 2521 3181

Mob: 9197 3443

**Lucy Clarke**

Tel: 2292 3201

Mob: 9137 7410

### Counselling Services:

**St. John's Counselling Service – Hong Kong**

Website: <http://www.sjcshk.com>

Tel: 2525 7207/8

### Websites:

**CRUSE Bereavement Care**

<http://www.crusebereavementcare.org.uk/usefullinks.html>

**Depression – The Sir John Kirwan Campaign, NZ Rugby**

<http://www.depression.org.nz/>

**Survivors of Bereavement by Suicide**

<http://uk-sobs.org.uk/>

**SANE – Meeting the Challenge of Mental Illness**

[http://www.sane.org.uk/what\\_we\\_do/support](http://www.sane.org.uk/what_we_do/support)